

CURRICULUM

**Associate Degree in Social Work
(For Affiliated Colleges)**

Applicable to Academic Session Fall 2023 and onwards



**DEPARTMENT OF SOCIAL WORK
FACULTY OF SOCIAL SCIENCES
UNIVERSITY OF SARGODHA
SARGODHA**

Scheme of Studies
Associate Degree in Social Work
(For Affiliated Colleges)

Semester-I

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
GE-1	URCG-5118	Functional English	3(3-0)	Nil
GE-2	URCG-5105 URCG-5126	Islamic Studies (OR) Religious Education/Ethics	2(2-0)	Nil
GE-3	URCG-5123	Applications of Information and Communication Technologies (ICT)	3(2-1)	Nil
Major-1	SOWK- 5101	Introduction to Social Work & Social Welfare	3(3-0)	Nil
Major-2	SOWK- 5102	Demography	3(3-0)	Nil
Major-3	SOWK-5103	Youth Wellbeing	3(3-0)	Nil
GE-4 (i)	URCG-5111 (i)	Translation of Holy Quran	NC	Nil

Semester Total Credit Hours: 17

Semester-II

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
GE-5	URCG-5112	Fables, Wisdom and EPIC	2(2-0)	Nil
GE-6	URCG-5116	Science of Society-I	2(2-0)	Nil
GE-7	URCG-5120	Exploring Quantitative Skills	3(3-0)	Nil
GE-8	URCG-5127	Seerat of the Holy Prophet (SAW)	1(1-0)	Nil
Major-4	SOWK- 5104	The Practice of Social Work-I	3(3-0)	Nil
Major-5	SOWK- 5105	Introduction to Gender Studies	3(3-0)	Nil
Major-6	SOWK- 5106	Social Development	3(3-0)	Nil

Semester Total Credit Hours: 17

Semester-III

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
GE-9	URCG-5119	Expository Writing	3(3-0)	Nil
GE-10	URCG-5121	Tools for Quantitative Reasoning	3(3-0)	Nil
GE-11	URCG-5122	Ideology and Constitution of Pakistan	2(2-0)	Nil
Major-7	SOWK- 5107	The Practice of Social Work-II	3(3-0)	SOWK- 5104
Major-8	SOWK- 5108	Geriatric Social Work	3(3-0)	Nil
Major-9	SOWK- 5109	Introduction to Cultural Anthropology	3(3-0)	Nil
GE-4 (ii)	URCG-5111 (ii)	Translation of Holy Quran	NC	Nil

Semester Total Credit Hours: 17

Semester-IV

Category	Course Code	Course Title	Credit Hours	Pre-Requisite
GE-12	URCG-5114	Basic Science	3(2-1)	Nil
GE-13	URCG-5124	Entrepreneurship	2(2-0)	Nil
GE-14	URCG-5125	Civics and Community Engagement	2(2-0)	Nil
Major-10	SOWK-5110	The Practice of Social Work-III	3(3-0)	SOWK- 5107
Major-11	SOWK-5111	Human Rights for Social Work Practice	3(3-0)	Nil
Major-12	SOWK-5112	Social Problems	3(3-0)	Nil

Semester Total Credit Hours: 16

Course Code	URCG-5118	Course Title	Functional English	Credit Hours	3(3-0)
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Course Brief:

The course aims at providing understanding of a writer's goal of writing (i.e. clear, organized and effective content and to use that understanding and awareness for academic reading and writing.

Course Learning Objectives:

The objectives of the course are to make the students acquire and master the grammatical academic writing skills. The course would enable the students to develop argumentative writing techniques. The students would be able to logically add specific details on the topics such as facts, examples and statistical or numerical values. The course will also provide insight to convey the knowledge and ideas in an objective and persuasive manner. Furthermore, the course will also enhance the students' understanding of ethical considerations in writing academic assignments and topics including citation, plagiarism, formatting and referencing the sources as well as the technical aspects involved in referencing.

Course Contents:

1. Developing Analytical Skills
2. Transitional devices (word, phrase and expressions)
3. Development of ideas in writing
4. Reading Comprehension
5. Precis Writing
6. Developing argument
7. Sentence structure: Accuracy, variation, appropriateness, and conciseness
8. Appropriate use of active and passive voice
9. Organization and Structure of a Paragraph
10. Organization and structure of Essay
11. Types of Essays

Recommended Texts:

1. Bailey, S. (2011). Academic writing: A handbook for international students (3rd ed.). New York: Routledge.
2. Eastwood, J. (2011). A Basic English grammar. Oxford: Oxford University Press.
3. Swales, J. M., & Feak, C. B. (2012). Academic writing for graduate students: Essential tasks and skills (3rd ed.). Ann Arbor: The University of Michigan Press.
4. Swan, M. (2018). Practical English usage (8th ed.). Oxford: Oxford University Press.

Suggested Readings:

1. Biber, D., Johansson, S., Leech, G., Conrad, S., Finegan, E., & Quirk, R. (1999). Longman grammar of spoken and written English. Harlow Essex: MIT Press.
2. Cresswell, G. (2004). Writing for academic success. London: SAGE.
3. Johnson-Sheehan, R. (2019). Writing today. Don Mills: Pearson.
4. Silvia, P. J. (2019). How to write a lot: A practical guide to productive academic writing. Washington: American Psychological Association
5. Thomson, A. J., & Martinet, A. V. (1986). A Practical English Grammar. Oxford: Oxford University Press.

Course Code	URCG-5105	Course Title	Islamic Studies	Credit Hours	2(2-0)
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Course Brief:

Islamic Studies engages in the study of Islam as a textual tradition inscribed in the fundamental sources of Islam; Qur'an and Hadith, history and particular cultural contexts. The area seeks to provide an introduction to and a specialization in Islam through a large variety of expressions (literary, poetic, social, and political) and through a variety of methods (literary criticism, hermeneutics, history, sociology, and anthropology). It offers opportunities to get fully introductory foundational bases of Islam in fields that include Qur'anic studies, Hadith and Seerah of Prophet Muhammad (PBUH), Islamic philosophy, and Islamic law, culture and theology through the textual study of Qur'an and Sunnah.

Course Learning Objectives:

- To make students understand the relevance and pragmatic significance of Islam in their lives.
- To make learners comprehend the true spirit of Islam with reference to modern world.
- To generate a sense of Islamic principles as a code of living that guarantee the effective solutions to the current challenges of being.
- To provide Basic information about Islamic Studies
- To enhance understanding of the students regarding Islamic Civilization
- To improve Students skill to perform prayers and other worships
- To enhance the skill of the students for understanding of issues related to faith and religious life.

Course Contents:

Introduction to Qur'anic Studies

- 1) Basic Concepts of Qur'an
- 2) History of Quran
- 3) Uloom-ul-Quran

مطالعہ قرآن (تعارف قرآن، منتخب آیات کا ترجمہ و تفسیر: سورۃ البقرہ آیات 1-5، 284-286؛ سورۃ الحجرات آیات 1-18؛ سورۃ الفرقان آیات 63-77؛ سورۃ المؤمنون آیات 1-11؛ سورۃ الاحزاب آیات 6، 21، 32-33، 40، 56-59؛ سورۃ الانعام آیات 151-153؛ سورۃ الصف آیات 1-14؛ الحجر آیات 1-18؛ آل عمران آیات 190-192؛ النحل آیات 12-14؛ لقمن آیت 20، حم السجدہ آیت 53)

Introduction to Sunnah

- 1) Introduction of Hadith
- 2) Legal Status of Hadith
- 3) History of the compilation of Hadith
- 4) Kinds of Hadith

حدیث کا تعارف، حدیث کی دینی حیثیت، حفاظت و تدوین حدیث، حدیث کی اقسام

متن، حدیث: 1 درج ذیل موضوعات پر احادیث کا مطالعہ

- 1- اعمال کا اجر نیت پر منحصر ہے۔ 2- بہترین انسان قرآن کا طالب علم اور اس کا معلم ہے۔ 3- کتاب و سنت گمراہی سے بچنے کا ذریعہ ہیں۔ 4- ارکان اسلام 5- اسلام، ایمان، احسان اور قیامت کی نشانیاں، 6- بچوں کی نماز کی تلقین 7- دین کا گہرا فہم اللہ کی خاص عنایت ہے 8- حصول علم، تلاوت قرآن اور عمل کی اہمیت و فضیلت، 9- روزِ محشر کا محاسبہ، 10- حقوق اللہ کے ساتھ ساتھ حقوق العباد کا لحاظ رکھنا بھی لازم ہے 11- حسن خلق کی عظمت اور فحش و بدگوئی کی مذمت 12- دنیا و آخرت کی بھلائی کی ضامن چار چیزیں، 13- ہلاک کر دینے والی سات چیزیں، 14- بے عمل مبلغ کا عبرت ناک انجام 15- ہر شخص نگران ہے اور ہر شخص مسئول

- 5) Sirah of the Prohet
- 6) Importance of the Study of Sirah
- 7) Character building method of the Prophet

(سیرت النبی ﷺ) مطالعہ سیرت کی ضرورت و اہمیت، تعمیر، سیرت و شخصیت کا نبوی منہاج اور عملی نمونے، اقامت دین کا نبوی طریق کار، اقامت دین بعہد خلافت راشدہ، بیثاق مدینہ، خطبہ حجۃ الوداع، اخلاقی تعلیمات، تشکیل اجتماعیت اور اسوہ حسنہ، قرآن مجید میں سیرت سرور عالم کا بیان، غزوات نبوی ﷺ کے مقاصد و حکمتیں)

Islamic Culture & Civilization

- 1) Basic Concepts of Islamic Culture & Civilization
- 2) Historical Development of Islamic Culture & Civilization
- 3) Characteristics of Islamic Culture & Civilization
- 4) Islamic Culture & Civilization and Contemporary Issues

4. اسلامی تہذیب و تمدن (اسلامی تہذیب کا مفہوم، اسلامی کے عوامل و عناصر، اسلامی تہذیب کی خصوصیات، اسلامی تہذیب، علمی، معاشرتی اور سماجی اثرات، تہذیبوں کے تصادم کے نظریے کا تنقیدی جائزہ، تہذیبی تصادم کے اثرات و نتائج، طبعی، حیاتیاتی اور معاشرتی علوم میں مسلمانوں کا کردار، نامور مسلمان سائنسدان)

Recommended Books:

- 1) Hameed ullah Muhammad, —Emergence of Islam, IRI, Islamabad
- 2) Hameed ullah Muhammad, —Muslim Conduct of State
- 3) Hameed ullah Muhammad, —Introduction to Islam
- 4) Ahmad Hasan, —Principles of Islamic Jurisprudence, Islamic Research, Institute, International Islamic University, Islamabad (1993)

Suggested Readings:

- 1) Dr. Muhammad Zia-ul-Haq, —Introduction to Al-Sharia Al-Islamial, Allama Iqbal Open University, Islamabad (2001)
- 2) Dr. Muhammad Shahbaz Manj, Teleemat-e- Islam

Course Code	URCG-5126	Course Title	Ethics	Credit Hours	2(2-0)
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Course Brief:

This course is designed to provide a basic understanding of ethics and its relationship with science, religion and law. It also provides an insight into historical development of morality, moral theories and moral teachings of major religions.

Course Learning Objectives:

The aim of the general education course in ethics is to prepare students to become responsible moral agents, competent and humane professionals, and informed and engaged citizens. To achieve this, the courses provide students with the conceptual tools to make autonomous, informed, comprehensive and coherent judgments about personal, professional, and public ethical issues.

Course Contents:

1. Meaning and Scope of Ethics.
2. Relation of Ethics with: (a) Religion (b) Science (c) Law
3. Historical Development of Morality: (a). Instinctive Moral Life. (b). Customary Morality. (c). Reflective Morality.
4. Moral Theories: (a). Hedonism (Mill) (b). Intuitionism (Butler) (c). Kant's Moral Theory.
5. Moral Ethics and Society. (a). Freedom and Responsibility. (b). Tolerance (c). Justice (d). Punishment (Theories of Punishment)
6. Moral Teachings of Major Religions: a). Judaism b). Christianity c). Islam
7. Professional Ethics: a). Medical Ethics b). Ethics of Students c). Ethics of Teachers d). Business Ethics

Recommended Texts:

1. William Lille. An Introduction to Ethics., London Methuen & Co. latest edition.
2. Titus, H.H. Ethics for Today. New York: American Book, latest edition.
3. Hill, Thomas. Ethics in Theory and Practice. N.Y. Thomas Y. Crowel, latest edition.
4. Ameer Ali, S. The Ethics of Islam. Calcutta: Noor Library Publishers, latest edition.

Suggested Readings:

1. Donaldson, D.M. Studies in Muslim Ethics. London: latest edition.
2. Sayeed, S.M.A.(Tr.) Ta'aruf-e-Akhlaqiat. Karachi: BCC&T, University of Karachi.

Course Code	URCG-5123	Course Title	Applications of Information and Communication Technologies (ICT)	Credit Hours	3(2-1)
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Course Brief:

The course introduces students to information and communication technologies and their application in the workplace.

Course Learning Objectives:

Objectives include basic understanding of computer software, hardware, and associated technologies. How computers can be used in the workplace, how communications systems can help boost productivity, and how the Internet technologies can influence the workplace. Students will get basic understanding of computer software, hardware, and associated technologies. They will also learn how computers are used in the workplace, how communications systems can help to boost productivity, and how the Internet technologies can influence the workplace.

Course Contents:

1. Introduction, Overview of Information Technology.
2. Hardware: Computer Systems & Components, Storage Devices.
3. Software: Operating Systems, Programming and Application Software.
4. Databases and Information Systems Networks.
5. File Processing Versus Database Management Systems.
6. Data Communication and Networks.
7. Physical Transmission Media & Wireless Transmission Media.
8. Applications of smart phone and usage.
9. The Internet, Browsers and Search Engines.
10. Websites and their types.
11. Email Collaborative Computing and Social Networking.
12. E-Commerce.
13. IT Security and other issues.
14. Cyber Laws and Ethics of using Social media.
15. Use of Microsoft Office tools (Word, Power Point, Excel) or other similar tools depending on the operating system.
16. Other IT tools/software specific to field of study of the students if any.

Recommended Texts:

1. Discovering Computers 2022: Digital Technology, Data and Devices by Misty E. Vermaat, Susan L. sebok; 17th edition.

Suggested Readings:

1. Computing Essentials 2021 by Timothy J. O'Leary and Linda I. O'Leary, McGraw Hill Higher Education; 26th edition.
2. Computers: Understanding Technology by Fuller, Floyd; Larson, Brian: edition 2018

Course Code	SOWK-5101	Course Title	Introduction to Social Work & Social Welfare	Credit Hours	3(3-0)
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Course Brief:

Social Work is a practice-based discipline which aims at improving the well-being of society. Introduction to Social Work is a basic course which elaborates the conceptual foundation of Social Work needed to acquaint students with the contemporary professional knowledge of Social work and generalist Social Work practice.

Course Learning Objectives:

This course is designed to acquaint students an introductory knowledge regarding the development of the Social Work profession and Social Work education, Social Work under religious doctrines and Social Work knowledge, ethics, values and skills. It will orient students to the professional roles of social worker followed by the knowledge of generic principles of Social Work. This course will be a foundation stone in helping the students to gain required knowledge to become an effective Social Worker. Moreover, it will also focus on the generalist Social Work practice along with its practice settings (micro, mezzo and macro practice). It will also provide the understanding of Social Welfare, its history around the globe and contemporary fields of Social Work practice.

Course Contents:

1. Concept and introduction to Social Work
2. History of Social Work
3. The Development of the Social Work Profession
4. Early Development of Social Work Education
5. Concept of Social Work under religious doctrines
6. Social Work Knowledge, ethics, Values and skills
7. Values and multicultural competence
8. Generic principles of Social Work
9. Social worker: a variety of roles
10. Social Work practice
11. The process of generalist Social Work practice
12. Practice settings: micro, mezzo and macro practice
13. Social Work functions and roles: consultancy, resource management, integration, integrating generalist functions
14. Concept and introduction to Social Welfare
15. History of Social Welfare
16. Approaches of Social Welfare
17. Welfare State
18. Contemporary fields of Social Work Practice

Recommended Texts:

1. Kirst-Ashman, K. K. (2017). *Introduction to social work and social welfare: critical thinking perspectives*. Boston: Cengage learning.
2. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.

Suggested Readings:

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Wilson, K, et al. (2008). *Social work: an introduction to contemporary practice*. London: Pearson Education Limited.

Course Code	SOWK-5102	Course Title	Demography	Credit Hours	3(3-0)
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Course Brief:

Demography is the statistical study of human populations. It has two types i.e. formal demography and population studies. Formal demography deals with fertility, marriage/union formation and dissolution, mortality, and migration, normally using specific demographic concepts, measures and methods. Population studies employ concepts, measures and methods of formal demography, statistics, and the other disciplines to which the research topic is related. Population studies are concerned with the various determinants of population changes and the impacts of population changes on societies, economics, biological evolution, environment, politics and culture.

Course Learning Objectives:

The emphasis in this course is on the population planning policies, implementation of and programs, especially in Pakistan. The course also includes information about education and motivation in family planning, techniques and skills of motivation and other important areas.

Course Contents:

1. Introduction
2. Types of Demography: formal demography and population studies
3. Distinct features of Demography
4. Vital Events: registration and purposes
5. History and Sources of Demographic Data
6. Demographic characteristics: age, race, gender, ethnicity, religion, income, education, home ownership, marital status, family size
7. Birth rate
8. Mortality
9. Morbidity
10. Fertility
11. Migration
12. Urbanization
13. Population diversity
14. Demographic transitions at international and national level
15. Theories of Population: Malthusian Theory, Transition Theory, Ester Boserup Theory, Julian Simon Theory
16. Population growth at macro level
17. Population growth in Pakistan: Historical trends, problems, Population welfare programs in Pakistan Present population, situation & Future prospects

Recommended Texts:

1. Thomas, R. K. (2018). *Concepts, methods and practical applications in applied demography an introductory textbook*. Gewerbestrasse: Springer.
2. Harper, S. (2018). *Demography: a very short introduction*. Oxford: Oxford University Press.

Suggested Readings:

1. Lundquist, J. H., Anderton, D. L. & Yaukey, D. (2015). *Demography: the study of human population*. Long grove: Waveland Press, Inc.
2. Poston, D. & Bouvier, L. F. (2010). *Population and society an introduction to demography*. Cambridge: Cambridge University Press.

Course Code	SOWK-5103	Course Title	Youth Wellbeing	Credit Hours	3(3-0)
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Course Brief:

Youth is a relational concept because it exists and has meaning largely in relation to the concept of adulthood. Youth Wellbeing is variously represented as a solution to student disengagement and unhappiness, a technique to fix problems in students and as something of which all young people should simply have more: it is not simply a synonym for mental health in a narrow clinical sense. It is one of the most important fields of professional social work. It will help the students to understand the concept of youth, youth welfare & youth development.

Course Learning Objectives:

It will enhance student's understanding about the issues related to young people and their role in national development. It will acquaint the students with the knowledge of youth development, youth subcultures and youth transitions, youth identity', and the relationship of youth to culture, youth marginalization, youth engagement and youth Theories along with the problems of contemporary problems of youth in our society.

Course Contents:

1. Concept of youth, its historical and contemporary use and usefulness
2. Youth development, youth subcultures and youth transitions
3. Youth identity', and the relationship of youth to culture
4. Youth marginalization
5. Youth Engagement
6. Social Work with Youth
7. Youth Theories a. Resilience Theory b. Positive Youth Development based on Ecological Theory c. Leadership Theories
8. National & Provincial Youth Policies in Pakistan
9. Factors influencing development of youth
10. Youth and Leadership
11. Role of youth in nation building
12. Role of professional social worker for Youth wellbeing
13. Contemporary problems of youth wellbeing in society

Recommended Texts:

1. White, R & Wyn, J. (2020). *Rethinking youth*. Sydney: Allen & Unwin.
2. Wright, K & McLeod, J. (2015). *Rethinking youth wellbeing*. Melbourne: Springer.

Suggested Readings:

1. Shek, D. T. L., Sun, R. C. F., & Merrick, J. (Eds.). (2013). *Positive youth development: theory, research and application*. New York: Nova.
2. Bendit, R & Hahn-Bleibtreu, M. (2008). *Youth Transitions: Processes of social inclusion and patterns of vulnerability in globalized world*. Leverkusen: Barbara Budrich Publishers.

Course Code	URCG-5111 (i)	Course Title	Translation of Holy Quran	Credit Hours	NC
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Topic	Details
Semester/Level	In some discipline 1 st semester and in some discipline 2 nd Semester/ ADP Program 1 st Year
Course Code	URCG-5111
Course Title	Translation of the Holy Quran – I
Credit Hours	1(0-1)
Objectives	<ul style="list-style-type: none"> • To familiarize the students to keys and fundamentals of recitation of the holy Quran. • To develop the skill of the students of recitation the last revelation. • Students will learn the basic Arabic grammar in a practical way. • To develop an eagerness among the students to explore the last divine Book.
Course Contents:	<ul style="list-style-type: none"> • تیسواں پارہ - ناظرہ مع تجوید • بنیادی عربی گرامر اسم اور اسکے متعلقات: اسم فاعل، مفعول، تفضیل، مبالغہ فعل اور اسکی اقسام: ماضی، مضارع، امر، نہی حرف اور اسکی اقسام: حروف علت، حروف جارہ، مشبہ بالفعل
Memorization:	تیسویں پارے کی آخری بیس سورتیں (حفظ مع ترجمہ)

Course Code	URCG-5112	Course Title	Fables, Wisdom and EPIC	Credit Hours	2(2-0)
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Course Brief:

The three components of the course, including fables, wisdom literature and epic, will enable the learners to explore and understand the classic tradition in literature. Development of personal virtue, a deep Sufi ethic and an unwavering concern for the permanent over the fleeting and the ephemeral are some of the key themes explored in the contents that will develop an intimate connection between literature and life.

Course Learning Objectives:

The course will enable students to explore human experiences, cultivate an appreciation of the past, enrich their capacity to participate in the life of their times, and enable an engagement with other cultures and civilizations, both ancient and modern. But independently of any specific application, the study of these subjects teaches understanding and delight in the highest achievements of humanity.

Course Contents:

1. Fables
 - The Fables of Bidpai
 - The Lion and the Bull
 - The Ring-dove
 - The Owls and the Crows
 - Selected poem from Bang-i-Dara
2. Gulistan-e- Sa'di
 - Ten hikāyāt from John T. Platts, *The Gulistan*
3. Epic
 - THE SHĀHNĀMA OF FIRDAUSI

Recommended Texts:

1. John T. P. (1876). *The Gulistan; or, Rose Garden of Shaikh Muslihu'd- Dīn Sa'dī of Shīrāz*. London: Wm. II. Allen.
2. Chishti, Y.S. (1991). *Sharaḥ-i bāng-i darā*. Lāhaur: Maktaba-i ta'mīr-i insāniyat

Suggested Readings:

1. Thackston, W. (2000). *A Millennium of Classical Persian Poetry*. Maryland: Ibex Publishers.
2. Wood, R. (2013). *Kalila and Dimna: Fables of Conflict and Intrigue*. United Kingdom: Medina Publishing, Limited.

Course Code	URCG-5116	Course Title	Science of Society-I	Credit Hours	2(2-0)
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Course Brief:

This course will introduce students with the subject matter of social science, its scope, nature and ways of looking at social phenomenon. It will make the participants acquaintance with the foundations of modern society, state, law, knowledge and selfhood. While retaining a focus on Pakistani state and society, students will encounter theoretical concepts and methods from numerous social science disciplines, including sociology, politics, economics anthropology and psychology and make them learn to think theoretically by drawing on examples and case studies from our own social context. Students will be introduced to the works of prominent social theorists from both western and non-western contexts. Instruction will include the use of written texts, audio-visual aids and field visits.

Course Learning Objectives:

Learning objectives of course are to introduce student with the nature of human social behavior and foundations of human, group life, to incorporate critical thinking in students to analyze the reciprocal relationship between individuals and society, to make student aware with the nature of societies existing in modern world and to familiarize students with the philosophy of knowledge of social sciences.

Course Contents:

1. Introduction to Social Sciences
 - Social world, Human Social behavior, Foundations of society
 - Evolution of Social sciences
 - Philosophy of Science
 - Scope and nature of social sciences
 - Modernity and social sciences
 - Branches of social science: Sociology, Anthropology, Political Science, Economics
2. Society and Community, Historical evolution of Society
 - Types of Societies (Foraging society, Horticultural society, Pastoralist society, Agrarian societies, Industrial society, Postindustrial society)
3. Philosophy of Knowledge in social Science and social inquiry
 - Understanding social phenomenon
 - Alternative ways of knowing
 - Science as a source to explore social reality
 - Objectivity, Value-Free research
 - Positivism vs Interpretivism
 - Qualitative vs Quantitative
4. Culture and Society
 - Idea of Culture, Assumptions of culture
 - Types, Components, Civilization and culture
 - Individual and culture. Cultural Ethnocentrism, Cultural Relativism
 - Outlook of Pakistani culture
 - Global Flows of culture, Homogeneity, Heterogeneity

5. Social Stratification and Social inequality
 - Dimensions of inequality, Social class
 - Gender, Race, Religion, Ethnicity, Caste
 - Patterns of social stratification in Pakistan
 - Class, caste system in agrarian society
 - Ascription vs Achievement, Meritocracy
 - Global stratification in modern world, Global patterns of inequality
6. Personality, Self and Socialization
 - Concept of self, Personality
 - Nature vs Nurture, Biological vs Social
 - Development of Personality
 - Socialization as a process, Agents of socialization
 - Socialization and self/group identity
7. Gender and Power
 - Understanding Gender
 - Social construction of Patriarchy
 - Feminism in Historical context, Gender Debates
 - Gender and Development
 - Gender issues in Pakistani society, Women Participation in politics, economy and education
 - Toward a gender sensitive society, Gender mainstreaming
8. Pakistan: State, Society, Economy and Polity
 - Colonialism, colonial legacy, National identity
 - Transformation in Pakistani society: Traditionalism vs Modernism
 - Economy, Informality of Economy, Modern economy and Pakistan
 - Political Economy, Sociology of Economy

Recommended Texts:

1. Giddens, A. (2018). Sociology (11th ed.). UK: Polity Press.
2. Henslin, J. M. (2018). Essentials of Sociology: A Down-to-Earth Approach. (18th Edition) Pearson Publisher.
3. Macionis, J. J. (2016). Sociology (16th ed.). New Jersey: Prentice-Hall.
4. Qadeer, M. (2006) Pakistan - Social and Cultural Transformation in a Muslim Nation.
5. Smelser, N.J. and Swedburg, R., The Handbook of Economic Sociology, Chapter 1 'Introducing Economic Sociology', Princeton University Press, Princeton.
6. Systems of Stratification | Boundless Sociology (no date). Available at: <https://courses.lumenlearning.com/boundless-sociology/chapter/systems-of-stratification/>
7. Jalal, A. (ed.) (1995) 'The colonial legacy in India and Pakistan', in Democracy and Authoritarianism in South Asia: A Comparative and Historical Perspective. Cambridge: Cambridge University Press (Contemporary South Asia).

Suggested Readings:

1. Zaidi, S. A. (2015). Issues in Pakistan's Economy: A Political Economy Perspective. Oxford University Press. Chapter 26
2. Akhtar, A. S. (2017) The Politics of Common Sense: State, Society and Culture in Pakistan. Cambridge: Cambridge University Press.

Course Code	URCG-5120	Course Title	Exploring Quantitative Skills	Credit Hours	3(3-0)
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Course Brief:

Since ancient times, numbers, quantification, statistics and mathematics has played a central role in scientific and technological development. In the 21st century, Quantitative Reasoning (QR) skills are essential for life as they help to better understand socio-economic, political, health, education, and many other issues, an individual now faces in daily life.

Course Learning Objectives:

The skills acquired by taking this course will help the students to apply QR methods in their daily life and professional activities. This course will also change student's attitude about statistics and mathematics. It will not only polish their QR skills, but also enhance their abilities to apply these skills.

Course Contents:

1. Introduction to quantitative reasoning
2. Overview of contributions of Mathematicians and Statisticians especially Muslim scholars.
3. Types of standard numbers
4. Proportions, rates, ratio and percentages
5. Odds and odds ratio
6. Scale of measurements
7. Number sequence and series
8. Unit analysis as a problem-solving tool
9. Data handling (small and large)
10. Data errors, absolute and relative and their applications
11. Descriptive statistics
12. Rules of counting: multiplication rule, factorial, permutation and combination
13. Probability and its application in real life
14. A graphical perspective through Venn Diagram
15. Financial indicator analysis, and money management (profit, loss, simple and compound interest)
16. Practical scenarios involving algebraic expressions: linear and quadratic

Recommended Texts:

1. Akar, G. K., Zambat, İ. Ö., Arslan, S., & Thompson, P. W. (2023). Quantitative Reasoning in Mathematics and Science Education. 1st Ed., Springer, USA.
2. Peck, R., Olsen, C., & Devore, J. L. (2015). Introduction to statistics and data analysis. 5th Ed., Brooks Cole, USA.
3. Devlin, K. J. (2012). Introduction to mathematical thinking. Palo Alto, CA: Keith Devlin.

Suggested Readings:

1. Triola, M. F., Goodman, W. M., Law, R., & Labute, G. (2006). Elementary statistics. Reading, MA: Pearson/Addison-Wesley.
2. Blitzer, R., & White, J. (2005). Thinking mathematically. Pearson Prentice Hall.

Course Code	URCG-5127	Course Title	Seerat of the Holy Prophet (SAW)	Credit Hours	1(1-0)
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Title	Description
Semester	
Nature of Course	
No. of C.Hrs.	1(1-0)
Total Teaching weeks	18
Objectives of the Course	<p>۱۔ طلباء کو مطالعہ سیرۃ طیبہ کی ضرورت و اہمیت سے آگاہ کرنا</p> <p>۲۔ تعمیر شخصیت میں مطالعہ سیرۃ طیبہ کے کردار کو واضح کرنا</p> <p>۳۔ بعثت نبوی کے موقع پر اقوام عالم کی عمومی صورت حال سے آگاہ کرنا</p> <p>۴۔ رسول اکرم صلی اللہ علیہ وسلم کی مکی اور مدنی زندگی کا اس طرح مطالعہ کروانا کہ طلباء ان واقعات سے نتائج کا استنباط کر سکیں</p> <p>۵۔ طلباء کو عہد نبوی کی معاشرت، سیاست، معیشت سے آگاہ کرنا</p>

Course Description

S.No.	Title	Description
1	حضور صلی اللہ علیہ وسلم کے ابتدائی حالاتِ زندگی	<p>۱۔ حضور صلی اللہ علیہ وسلم کا خاندانی حسب و نسب</p> <p>۲۔ پیدائش اور ابتدائی تربیت</p> <p>۳۔ لڑکپن اور جوانی کے حالاتِ زندگی</p>
2	بعثت نبوی کے وقت دنیا کے حالات (۱)	<p>۱۔ بعثت نبوی کے وقت اہم تہذیبیں</p> <p>۲۔ عرب، مصر، حبشہ، بازنطینی، ساسانی</p>
3	بعثت نبوی	۱۔ مکی عہد میں دعوتِ اسلام
4	بعثت نبوی	۱۔ مدنی عہد میں دعوتِ اسلام
5	خصائص النبیؐ	آپؐ بطور پیغامبر امن
6	خصائص النبیؐ	بحیث استاد و معلم
7	خصائص النبیؐ	بحیث تاجر
8	خصائص النبیؐ	بحیث سربراہ ریاست
9	خصائص النبیؐ	ذاتی محاسن اور عالمگیر اثرات
10	خصائص النبیؐ	ناموس رسالتؐ

11	اسوہ حسنہ اور عصر حاضر	غیر مسلموں سے تعلقات
12	اسوہ حسنہ اور عصر حاضر	اسوہ حسنہ کی روشنی میں گھریلو زندگی
13	اسوہ حسنہ اور عصر حاضر	مستشرقین اور مطالعہ سیرت
15	اسوہ حسنہ اور عصر حاضر	وطن سے محبت اور سیرت
16	اسوہ حسنہ اور عصر حاضر	مستشرقین کے اعتراضات اور ان کے جوابات

نصابی کتب

نمبر شمار	نام مؤلف	نام کتاب
1	ابن ہشام	السيرة النبوية
2	مولانا شبلی نعمانی، سید سلمان ندوی	سیرۃ النبی صلی اللہ علیہ وسلم
3	قاضی محمد سلیمان سلمان منصور پوری	رحمة العالمین
4	مولانا سید ابوالحسن علی ندوی	نبی رحمت صلی اللہ علیہ وسلم
5	ڈاکٹر یسین مظہر صدیقی	عہد نبوی کا نظام حکومت
6	ڈاکٹر خالد علوی	انسان کامل

حوالہ جاتی کتب

نمبر شمار	نام مؤلف	نام کتاب
1	سید ابوالاعلیٰ مودودی	سیرت سرور عالم صلی اللہ علیہ وسلم
2	مولانا صفی الرحمن مبارکپوری	الرحیق المختوم
3	پیر محمد کرم شاہ الازہری	ضیاء النبی صلی اللہ علیہ وسلم
4	ڈاکٹر اکرم الضیاء العمري	السيرة النبوية الصحيحة
5	مولانا عبد الرؤف دانا پوری	اصح السير

Course Code	SOWK-5104	Course Title	The Practice of Social Work-I	Credit Hours	3(3-0)
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Course Brief:

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being. Along with knowledge used in making an assessment, this course will emphasize on assessing the problems of individuals, interviewing in Social Work (informational interviews, assessment interviews, intervention interviews), process of interviewing, counseling in Social Work from worker's perspective and from client's perspective.

Course Learning Objectives:

This course is designed to impart knowledge of the practice of Social Work. It will acquaint students with knowledge goals and assessment needed for social work practice. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with individuals.

Course Contents:

1. Introduction: the practice of Social Work
2. Goals of Social Work Practice
3. Assessment in Social Work Practice
4. Sources of information in assessment
5. Knowledge used in making an assessment
6. Assessing problems
7. Social Work with individuals
8. Social Work with individuals: Interviewing
9. Types of interviews in Social Work: informational interviews, assessment interviews, intervention interviews
10. Process of interviewing
11. Social Work with individuals: counseling
12. Counseling from worker's perspective
13. Counseling from client's perspective: eight stages
14. Client's reaction to a personal problem
15. Kubler-Ross Model of Client's reaction

Recommended Texts:

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.
2. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.

Suggested Readings:

1. Holosko, M. J., Dulmus, C, N. & Sowers, K. M. (2013). *Social work practice with individuals and families: evidence-informed assessments and interventions*. New Jersey: John Wiley & Sons, Inc.
2. Miley, K. K., O'Melia, M. W. & DuBois, B. L. (2017). *Generalist social work practice: an empowering approach*. Boston: Pearson.

Course Code	SOWK-5105	Course Title	Introduction to Gender Studies	Credit Hours	3(3-0)
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Course Brief:

Gender is encountered in every aspect of our lives and this is an introductory level course which offers basic understanding about gender studies and related concepts. The course examines different theoretical approaches in gender studies and gender construction of society and relations. The students are expected to understand sociological explanation about gender construction and feminism as well. This course also offers fundamental level understanding of gender-based discrimination and violent practices prevailing in Pakistan.

Course Learning Objectives:

After completing the course, the students will be able to understand the difference between women studies and gender studies as well as femininity and masculinity in social context. This course will equip student's knowledge about gender-based social stratification and the role of different agents of socialization including religion, media, family, economy and politics and how it affects different areas of social life. Furthermore, this course will enable the students to understand different gender issues in ecological and cross-cultural perspectives.

Course Contents:

1. Definition, meaning, concept and importance of gender studies
2. Gender and related ideologies (i.e. patriarchy, matriarchy, matrilineal, patrilocal etc.)
3. Gender & sexism
4. Masculinity and femininity
5. Sociological explanations of gender
6. Gender script
7. Gender socialization
8. Gender & ecology
9. Gender, work & economy
10. Gender & politics
11. Gender & Religion
12. Gender and human rights
13. Gender discrimination
14. Gender-based violence
15. Cross-cultural analysis
16. Feminism
17. Gender issues in Pakistan

Recommended Texts:

1. Blakemore, J. E. O., Berenbaum, S. A., & Liben, L. S. (2009). *Gender development*. New York: Psychology Press, Taylor & Francis Group.
2. Momsen, J. (2010). *Gender and development* (2nd ed.). New York: Routledge.

Suggested Readings:

1. Alston, M. (Ed.). (2014). *Women, political struggles and gender equality in south asia*. New York: Palgrave Macmillan.
2. Burn, S. M. (2011). *Women across cultures: a global perspective* (3rd ed.). New York: McGraw-Hill.
3. Verschuur, C., Guérin, I., & Guétat-Bernard, H. (Eds.). (2014). *Under development: gender*. New York: Palgrave Macmillan.

Course Code	SOWK-5106	Course Title	Social Development	Credit Hours	3(3-0)
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Course Brief:

Social development is about improving the well-being of every individual in society so they can reach their full potential. The goal of social development in the context of modern welfare is to produce a social well-being that makes people capable of acting and making their own decisions in the broadest sense. The success of society is linked to the well-being of each and every citizen. Social development means investing in people. It requires the removal of barriers so that all citizens can journey toward their dreams with confidence and dignity. It is about refusing to accept that people who live in poverty will always be poor. It is about helping people so they can move forward on their path to self-sufficiency.

Course Learning Objectives:

This course is designed to acquaint the students with the areas, principles, goals and phases of social development. It will also focus on history, indicators and theories of social development. Moreover, it will also generate the knowledge of religious & cultural paradigm of social development in Pakistan.

Course Contents:

1. Introduction
2. Principles, goals and phases of social development
3. Areas of social development
4. History of social development
5. Indicators of social development
6. Theories of social development
7. Modernization Theory
8. Dependency Theory
9. Globalization Theory
10. Sustainable development
11. Sustainable development goals
12. Social Development in Pakistan
13. Five years development plans in Pakistan
14. Impediments in the Process of Social Development
15. Religious & cultural paradigm of social development in Pakistan

Recommended Texts:

1. Crowther, D., Seifi, S, & Moyeen, A. (2018). *The goals of sustainable development responsibility and governance*. Singapore: Springer.
2. Pawar, M. S. & David, R. C. (2010). *Social development: critical themes and perspectives*. New York: Routledge

Suggested Readings:

1. Tiliouine, H & Estes, R. J. (2016). *The state of social progress of Islamic societies social, economic, political, and ideological challenges*. Switzerland: Springer.

Course Code	URCG-5119	Course Title	Expository Writing	Credit Hours	3(3-0)
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Course Brief:

This course prepare sunder graduates to become successful writer sand readers of English. The course helps students develop their fundamental language skills with a focus on writing so that they can gain the confidence to communicate in oral and written English outside the classroom. The course is divided into five units and takes a Project-based Learning approach. Unit themes target the development of 21stcenturyskills and focus on self-reflection and active community engagement.

Course Learning Objectives:

The course completion will enable the students to develop communication skills as reflective and self-directed learners. They will be able to intellectually engage with different stages of writing process, and develop analytical and problem-solving skills to address various community-specific challenges.

Course Contents:

1. Self-Reflection
 - Introduction to the basic soft he writing process
 - Introduction to the steps of essay writing
 - Prewriting activities: Brainstorming, listing, clustering and free writing
 - Practicing Outlining of the essay
2. Personalized Learning
 - Learning Process, Learning Styles, Goal Setting and Learning Plan
3. Oral Presentation
 - Structure and Significance, Content Selection and Slide Presentation, Peer Review
4. Critical Reading Skills
 - Introducing Authentic Reading (Dawnandnon-specialistacademicbooks/texts)
 - Reading Strategies and Practice: Skimming, scanning, SQW3R, Annotating, Detailed reading and note-taking, Standard Test Practice: TOEFL and IELTS, Model Review Reports and Annotated Bibliographies
5. Community Engagement
 - Student-ledbrain storming on local versus global issues, Identifying research problems
 - Drafting research questions, Drafting interview/survey questions for community research(in English or L1)
 - Engaging student sin Critical reading, Presenting interview/survey information, Fieldwork
 - Writing Community Engagement Project
6. Lettertothe Editor
 - Typesofletters, Format and purpose of letter to the editor, Stepson writing letter-to-editor

Recommended Texts:

1. Bailey,S.(2011).Academicwriting:Ahandbookforinternationalstudents(3rded.).NewYork:Routledge.
2. Swales,J.M.,&Feak,C.B.(2012).Academicwritingforgraduatestudents:Essentialtasksandskills (3rded.).Ann Arbor :The University of Michigan Press.

Suggested Readings:

1. Cresswell, G.(2004).*Writing for academic success*. London: SAGE.
2. Johnson-Sheehan.(2019). *Writing today*. Don Mills: Pearson.
3. Silvia,P.J.(2019).*Howtowritealot:Apracticalguidetoproductiveacademicwriting*. Washington: American Psychological Association.

Course Code	URCG-5121	Course Title	Tools for Quantitative Reasoning	Credit Hours	3(3-0)
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Course Brief:

This course is based on quantitative reasoning 1 course. It will enhance the quantitative reasoning skills learned in quantitative reasoning 1 course. Students will be introduced to more tools necessary for quantitative reasoning skills to live in the fast paced 21st century. Students will be introduced to importance of statistical and mathematical skills in different professional settings, social and natural sciences.

Course Learning Objectives:

These quantitative reasoning skills will help students to better participate in national and international issues like political and health issues. This course will prepare the students to apply quantitative reasoning tools more efficiently in their professional and daily life activities. This course will help them to better understand the information in form of numeric, graphs, tables, and functions.

Course Contents:

1. Types of data and its graphical representation (Histogram, Stem and Leaf display, Box Plot, Scatter diagram, Histogram, Bar chart, etc)
2. Solving practical problems using linear and exponential models
3. Population growth models
4. Analytical approach to solve simultaneous equations
5. Inequalities and their application
6. Comparing quantities using analytical tools
7. Logical reasoning and their application in modern age
8. Logical reasoning and decision making
9. Data tendencies via measure of location
10. Variability and Measure of dispersion
- Measuring relationships via Regression analysis and correlation
12. Statistical inference: sampling techniques, estimation techniques and hypothesis testing for decision and policy making

Recommended Texts:

1. Akar, G. K., Zembat, İ. Ö., Arslan, S., & Thompson, P. W. (2023). Quantitative Reasoning in Mathematics and Science Education. 1st Ed., Springer, USA.
2. Sharma, A. K. (2005). Text book of elementary statistics. Discovery Publishing House.
3. Blitzer, R. (2014). Precalculus, 5th Ed. Pearson Education, Limited. New York.

Suggested Readings:

1. Gupta, S. C., & Kapoor, V. K. (2020). Fundamentals of mathematical statistics. 12th Ed, Sultan Chand & Sons.
2. Aufmann, R. N., Lockwood, J., Nation, R. D., & Clegg, D. K. (2007). Mathematical thinking and quantitative reasoning. Cengage Learning
3. Blitzer, R., & White, J. (2005). Thinking mathematically. Pearson Prentice Hall.

Course Code	URCG-5122	Course Title	Ideology and Constitution of Pakistan	Credit Hours	2(2-0)
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Course Brief:

This course focuses on ideological background of Pakistan. The course is designed to give a comprehensive insight about the constitutional developments of Pakistan. Starting from the Government of India Act, 1935 till to date, all important events leading to constitutional developments in Pakistan will be the focus of course. Failure of the constitutional machinery and leading constitutional cases on the subject. Moreover, students will study the process of governance, national development, issues arising in the modern age and posing challenges to Pakistan. It will also cover the entire Constitution of Pakistan 1973. However, emphasis would be on the fundamental rights, the nature of federalism under the constitution, distribution of powers, the rights and various remedies, the supremacy of parliament and the independence of judiciary.

Course Learning Objectives:

This course will enable students to develop an insight into ideology of Pakistan and comprehend constitutional history of Pakistan and what constitutional dilemmas we faced.

Course Contents:

1. Ideology of Pakistan
 - Ideological rationale with special reference to Sir Syed Ahmed Khan, Allama Muhammad Iqbal and Quaid-e-Azam Muhammad Ali Jinnah.
 - Two Nation Theory and Factor leading to Muslim separatism.
2. Constitutional Developments
 - Salient Feature of the Government of India Act 1935
 - Salient Feature of Indian Independence Act 1947
 - Objectives Resolution
 - Salient Feature of the 1956 Constitution
 - Developments leading to the abrogation of Constitution of 1956
 - Salient features of the 1962 Constitution
 - Causes of failure of the Constitution of 1962
 - Comparative study of significant features of the Constitution of 1956, 1962 and 1973
3. Fundamental rights
4. Principles of policy
5. Federation of Pakistan
 - President
 - Parliament
 - Federal Government
6. Provinces
 - Governors
 - Provincial Assemblies
 - Provincial Government
7. The Judiciary
 - Supreme Court
 - High Courts

- Federal Shariat Courts
 - Supreme Judicial Council
 - Administrative Courts and tribunals
8. Islamic Provisions in Constitution
 9. Significant Amendments of Constitution of Pakistan 1973

Recommended Books:

1. Constitutional and Political History of Pakistan by Hamid Khan
2. Mahmood, Shaukat and Shaukat, Nadeem. Constitution of the Islamic Republic of Pakistan, 3rd edn. Lahore: Legal Research Centre, 1996.
3. Munir, Muhammad. Constitution of the Islamic Republic of Pakistan: Being a Commentary on the Constitution of Pakistan, 1973. Lahore, Law Pub., 1975.

Suggested Readings:

1. Rizvi, Syed Shabbar Raza. Constitutional Law of Pakistan: Text, Case Law and Analytical Commentary. 2nd re edn. Lahore: Vanguard, 2005.
2. The Text of the Constitution of the Islamic Republic of Pakistan, 1973 (as amended).
3. Fundamental Laws of Pakistan by A.K. Brohi

Course Code	SOWK-5107	Course Title	The Practice of Social Work-II	Credit Hours	3(3-0)
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Course Brief:

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being.

Course Learning Objectives:

This course is a continuation of The Practice of Social Work- I and will acquaint students with knowledge and skills needed for social work practice with groups. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with groups, families and diverse groups. Along with group development models, it will also describe the leadership and its approaches and social power basis in groups. It will also focus Social Work practice with families by including diversity of family forms, societal functions of family, family problems followed by family assessment family counseling.

Course Contents

1. Introduction: the practice of Social Work
2. Social Work with groups: concepts and skills
3. Types of groups, group goals and group norms
4. Start, lead, evaluation and termination of groups
5. Group development: Garlnd, Jones and Kolodny Model
6. Tuckman's Model
7. Bales Model
8. Leadership: the trait approach, the position approach, the style approach, the distributed functions approach
9. Social power basis in groups
10. Conflicts in groups
11. Strategies for resolving conflicts
12. Starting, leading and ending counseling group
13. Social Work with families: diversity of family forms, societal functions of family, family problems
14. Family assessment: the eco map, genogram
15. Family counseling: approaches to family counseling

Recommended Texts:

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive work text*. Belmont: Cengage learning.
2. Zastrow, C.H. (2013). *Social work with groups: a comprehensive work text*. Belmont: Cengage learning.

Suggested Readings:

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Holosko, M. J., Dulmus, C, N. & Sowers, K. M. (2013). *Social work practice with individuals and families: evidence-informed assessments and interventions*. New Jersey: John Wiley & Sons, Inc.

Course Code	SOWK-5108	Course Title	Geriatric Social Work	Credit Hours	3(3-0)
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Course Brief:

Aging process begins the moment when we born. *Social gerontology* is a specialization that centers on the *social* aspects of growing old. The goal of *social gerontologists* is to help older adults improve their communication and interactions with others.

Course Learning Objectives:

Ideally, students will be able to help older adults live active, independent lifestyles. Social gerontology is seen as a science-based but application-oriented sub discipline of gerontology. It focuses particularly on social relationships in old age, social participation of elderly and old people and the protection of their individual needs. Self-determination and autonomy are important value orientations. This course is designed to acquaint the students to understand the diversity of elderly population including variations in age, gender, ethnicity, family structure and other factors those are particularly relevant for this population. It also shed light about the problems of older adults uncover the welfare services available them and the role of Social Works in the field of aging.

Course Contents:

1. Aging and society – Physical Aging, Psychological Aging, Social Aging
2. Historical perspectives on aging – Ageism, Ageist Stereotypes and myths.
3. Introduction to Geriatric social work and its fields –Geriatric Care Management, Community Social Service Agencies, Home Health Care Agencies, Adult Day Health, Independent and Assisted Living Settings, Hospitals and Nursing Homes.
4. Introduction to Social Gerontology, its scope and global aging.
5. Problems of elderly – Biological, Psychological and Social and economic.
6. Role of Social Worker-Preventive, Curative, Rehabilitative and Leisure time engagements.
7. Biological theories of aging – Environmental theories- Developmental/Genetics.
8. Social theories of aging- Activity theory, Disengagement theory, Continuity theory, life span/life course theory and exchange theory.
9. Cultural Gerontology: Valuing Older people.
10. Legislation and Welfare Services for Senior Citizens
11. Social Work Practice with Older Adults having mental health problems; Depression, Dementia, Delirium, Anxiety Disorders, stress incontinence, impaired concentration, alcohol abuse, loneliness, withdrawal, apathy and short attentions span.
12. Relationship between social work perspectives, theories and models to practice with older adults (e.g. empowerment-oriented practice model, biopsy Cho social model, case management model).
13. Social Policy on the elderly: Examples of USA, UK and Pakistan.

Recommended Texts:

1. Sander, S., Kolomer, S.R., Spellman, C.W., & Rizzo, V.M. (2019). *Gerontological social work and grand challenges: focusing on policy and practice*. Switzerland: Springer International Publishing.
2. Erber, J.T. (2013). *Aging and older adulthood*. Singapore: John Wiley & Son Inc.

Suggested Readings:

1. Hilier, S.M. & Barrow, G.M. (2015). 9th ed. *Aging, the individual and society*. Belmont USA:Wadsworth.
2. Quadagno, J. (2018). *Aging and the life course: an introduction to social gerontology*. New York: McGraw Hill education.
3. Cox, O., Kelchner, E.S., & Chapin, R. (2012). *gerontological social work practice: issues, challenges & practices*. London: Routledge Taylor & Francis.

Course Code	SOWK-5109	Course Title	Introduction to Cultural Anthropology	Credit Hours	3(3-0)
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Course Brief:

Cultural anthropology opens up whole new worlds. Not just out there, but here, there, and everywhere. The subject matter of cultural anthropology may seem distant, exotic, and other. This course will help students to encounter those faraway cultures. “Making the strange familiar” is essential learning in a globalizing world where cultural diversity may equal cultural survival for all of us. “Making the familiar strange” is a priceless revelation because it reduces the divide between “us” and the “other.” “We” becomes “other” through the insights of cultural anthropology.

Course Learning Objectives:

Anthropologists are heirs to an intellectual tradition that has directly and self-consciously attempted to address some of the central questions arising from human existence and social experience. In this course, some of those questions and their possible answers we would be looking for.

Course Contents:

1. Introduction
2. Culture: culture’s evolutionary basis, universality, generality and particularity, culture and the individual
3. Method and theory in cultural anthropology
4. Language and communication: Nonhuman primate communication, nonverbal communication, the structure of language, language, thought and culture, sociolinguistics
5. Ethnicity and race: Ethnic groups and ethnicity, human biological diversity and the concept of race, social construction of race, ethnic groups, nations and nationalities, ethnic tolerance and accommodation, ethnic conflict
6. Social groups and social stratification
7. Making a living: Adaptive strategies based on food production, foraging, modes of production, global economy
8. Political systems: types and trends, bands and tribes, chiefdoms, state systems, The political role of new media, social control)
9. Gender: Sex and gender, recurrent gender patterns, gender roles and gender stratification, gender in industrial societies, measuring and reducing gender stratification, beyond male and female
10. Families, kinship and marriage
11. Religion
12. The world system, colonialism and inequality
13. Anthropological questions

Recommended Books:

1. Angelke, M. (2018). *How to think like an Anthropologist*. Princeton: Princeton University Press.
2. Kottak, C. P. (2017). *Cultural Anthropology: Appreciating cultural diversity (7th ed.)*. New York: McGraw-Hill Education.

Suggested Readings:

1. Astuti, R., Parry, J., & Stafford, C. (Eds.). (2007). *Questions of anthropology (Vol. 76)*. Oxford: Berg.
2. Ember, C. R., & Ember, M. R. (2015). *Cultural anthropology (14th ed.)*. London: Pearson Education, Inc.
3. Miller, B. (2017). *Cultural anthropology(8th ed.)*. London: Pearson Education, Inc.
4. Scupin, R. (2016). *Cultural anthropology: A global perspective (9th ed.)*. London: Pearson Education, Inc.

Course Code	URCG-5111 (ii)	Course Title	Translation of Holy Quran	Credit Hours	NC
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Topic	Details
Semester/Level	In some discipline 3 rd semester and in some discipline 4 th Semester/ ADP Program 2 nd Year
Course Code	URCG-5111
Course Title	Translation of the Holy Quran – II
Credit Hours	1(0-1)
Objectives	<ul style="list-style-type: none"> ▪ Students will come to know about the real nature, significance and relevance of the Islamic beliefs in light of the text of the Holy Quran. ▪ Students will seek knowledge of translation and transliteration of the Holy Book Quran. ▪ To familiarize the students with the concept of Ibādah (Its significance, scope and relevance) and its types in Islam. ▪ Students will learn literal and idiomatic way of translation of the Holy Book. ▪ Students will learn about the polytheism and its incompatibility in Islam highlighted by the Holy Quran. ▪ To highlight the significance of learning through using all human faculties provided by the almighty Allah and familiarize the students about condemnation of ignorance mentioned in the Quranic text. ▪ To develop Awareness among the students about rights and duties of different circles of society in the light of Holy Quran. ▪ To introduce the students to Quranic Arabic grammar in practical manner.
Course Contents:	<p style="text-align: center;">○ ایمانیات اور عبادات</p> <p style="text-align: center;">اللہ پر ایمان، فرشتوں پر ایمان، رسولوں پر ایمان، آسمانی کتابوں پر ایمان</p> <p style="text-align: center;">یوم آخرت پر ایمان، تقدیر پر ایمان</p> <p style="text-align: center;">نماز، روزہ، زکوٰۃ، حج، جہاد</p> <p style="text-align: center;">○ معاشرے کے حقوق</p> <ul style="list-style-type: none"> • خاندان کی تکوین • حق مہر • رضاعت و حمل • اولاد کو قتل کرنے کے ممانعت • شوہر کی نافرمانی • طلاق • بیوہ کی عدت کے احکام

	<ul style="list-style-type: none">▪ ابراهيم (٢٣، ٢٤)▪ الاسراء (٢٣، ٢٤)▪ الاحقاف (١٥)▪ المؤمنون (٢٤)▪ العنكبوت (٢٥، ٢٨، ٨)▪ النحل (٢٢)▪ لقمان (١٥، ١٣)▪ الاحزاب (٣٥، ٥٠، ٣٨، ٣٩)▪ الشعراء (٤)▪ الروم (٢١)▪ مريم (١٣، ٢٦)▪ المجادلة (١٢، ١١)
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Course Code	URCG-5114	Course Title	Basic Science	Credit Hours	3(2-1)
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Course Brief:

This course is designed to provide understanding of basic scientific concepts about life. It will orient students with natural sciences, biotechnology, microorganism and ecosystem.

Course Learning Objectives:

The objectives of the course are to aware the students with latest developments in natural sciences (Biotechnology); Ecosystem and its components; Environment and its components; Pollutants and their effect on the environment (Greenhouse effect, global warming, acid rains, water pollution and ozone depletions etc); Introduction to micro-organism and its types (bacteria, fungi, viruses).

Course Contents:

1. Life, its characteristics
2. natural science, biology and its branches
3. Importance of Flora & Fauna in biodiversity
4. Importance of Natural Compounds in daily life, medicine and human health
5. Latest developments in natural sciences (Biotechnology)
6. Ecosystem and its components
7. Environment and its components
8. Pollutants and their effect on the environment (Greenhouse effect, global warming, acid rains, water pollution and ozone depletions etc)
9. Introduction to micro-organism and its types (bacteria, fungi, viruses)

Practical:

1. Field Survey of Flora & Fauna and their identification
2. Study of Herbarium
3. Study of Museum

Recommended Texts:

1. Keddy, P.A. (2017). *Plant ecology origins, processes, consequences*. Cambridge, University Press.
2. Canadell, J.G., Diaz, S., Heldmaier, G., Jackson, R.B., Levia, D.F., Schulze, E.D. & Sommer, U. (2019). *Ecological studies*. Springer.
3. Bhat, S.V., Nagasampagi, B.A. & Sirakumar, M. (2006). *Chemistry of Natural Products*. Springer Science
4. De, A.K. (2019). *Environmental Chemistry*. New Age International Press

Suggested Books:

1. Fath, B. (2018). *Encyclopedia of ecology*. Elsevier.
2. Ajith, H., Urmas, P., Pastur, G.M. & Iversion, L.R. (2018). *Ecosystem services from for estlandsapes: broadsclaesconsideration*. 1st Edition. Springer International Publishing AG.
3. Xu, R., Ye, Y. & Zhao, W. (2011). *Introduction to Natural Product Chemistry*. CRC Press
4. Tayler, D.J., Green, N.P.O. & Stout, G.W. (1997). *Biological Science 1 & 2*. Cambridge University Press
5. Tayler, M.R., Simon, E.J., Dickey, D.J. & Hogan, K.A. (2020). *Campbell Biology: Concepts & Connections* (10th Edition). Pearson.

Course Code	URCG-5124	Course Title	Entrepreneurship	Credit Hours	2(2-0)
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Course Brief:

This course addresses the unique entrepreneurial experience of conceiving, evaluating, creating, managing, and potentially selling business idea. The goal is to provide a solid background with practical application of important concepts applicable to the entrepreneurial environment. Entrepreneurial discussions regarding the key business areas of finance, accounting, marketing and management include the creative aspects of entrepreneurship. The course relies on class room discussion, participation, the creation of a feasibility plan, and building a business plan to develop a comprehensive strategy for launching and managing a new venture.

Course Learning Objectives:

1. To enhance the 'entrepreneurial realignment' of the students by improving the natural willingness to start a business.
2. To understand the process of entrepreneurship and learn the ways to manage it by working individually in the class and in the form of groups outside the class to conduct field assignments.
3. To educate the students about the practical underpinnings of entrepreneurship with the aid of practical assignments and idea pitching.

Course Contents:

1. **Background:** What is an Organization, Organizational Resources, Management Functions, Kinds of Managers, Mintzberg's Managerial Roles.
2. **Forms of Business Ownership:** Sole proprietorship, Partnership, Joint Stock Company
3. **Entrepreneurship:** The World of the Entrepreneur, what is an entrepreneur? The Benefits of Entrepreneurship, The Potential Drawbacks of Entrepreneurship, Behind the Boom: Feeding the Entrepreneurial Fire.
4. **The Challenges of Entrepreneurship:** Cultural Diversity in Entrepreneurship, The Power of "Small" Business, Putting Failure in Perspective, The Ten Deadly Mistakes of Entrepreneurship, How to Avoid the Pitfalls, Idea Discussions & Selection of student Projects, Islamic Ethics of Entrepreneurship.
5. **Inside the Entrepreneurial Mind:** From Idea to Reality: Creativity, Innovation, and Entrepreneurship, Creativity—Essential to Survival, Creative Thinking, Barriers to Creativity, How to Enhance Creativity, The Creative Process, Techniques for Improving the Creative Process, Protecting Your Ideas, Idea Discussions & Selection of student Projects.
6. **Products and technology, identification opportunities**
7. **Designing a Competitive Business Model and Building a Solid Strategic Plan:** Building a strategic plan, Building a Competitive Advantage, The Strategic Management Process, Formulate strategic options and select the appropriate strategies, Discussion about execution of Students' Project.
8. **Conducting a Feasibility Analysis and Crafting a Winning Business Plan:** Conducting a Feasibility Analysis, Industry and market feasibility, Porter's five forces model, Financial feasibility analysis. Why Develop a Business Plan, The Elements of a Business Plan, What Lenders and Investors Look for in a Business Plan, Making the Business Plan Presentation.

9. **Building a Powerful Marketing Plan:** Building a Guerrilla Marketing Plan, Pinpointing the Target Market, Determining Customer Needs and Wants Through Market Research. Plotting a Guerrilla Marketing Strategy: How to Build a Competitive Edge, Feed Back & Suggestions on Student Project, Islamic Ethics for Entrepreneurial Marketing
10. **E-Commerce and the Entrepreneur:** Factors to Consider before Launching into E-Commerce, Ten Myths of E-Commerce, Strategies for E-Success, Designing a Killer Web Site, Tracking Web Results, Ensuring Web Privacy and Security, Feed Back & Suggestions on Student Project.
11. **Pricing Strategies:** Three Potent Forces: Image, Competition, and Value, Pricing Strategies and Tactics, Pricing Strategies and Methods for Retailers, The Impact of Credit on Pricing
12. **Attracting Venture Capitalist:** Projected Financial Statements, Basic Financial Statements, Ratio Analysis, Interpreting Business Ratios, Breakeven Analysis, Feed Back & Suggestions on Student Project,
13. **Idea Pitching:** Formal presentation, 5-minute pitch, funding negotiation and launching.

Recommended Texts:

1. Scarborough, N.M. (2011). *Essentials of entrepreneurship and small business management*. Published by Prentice Hall, One Lake Street, Upper Saddle River, New Jersey.

Suggested Readings:

1. Burstiner, I. (1989). *Small business hand book*. Prentice Hall Press

Course Code	URCG-5125	Course Title	Civics & Community Engagement	Credit Hours	2(2-0)
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Course Brief:

The Civics and Community Engagement course is designed to provide students with an understanding of the importance of civic participation, culture and cultural diversity, basic foundations of citizenship, group identities and the role of individuals in creating positive change within their communities. The course aims at developing students' knowledge, skills and attitudes necessary for active and responsible citizenship.

Course Learning Objectives:

After completing this course, students will be able to

- Understand the concepts of civic engagement, community development, and social responsibility.
- Understand rights and responsibilities of citizenship
- Understand cultural diversity in local and global context
- Analyze the significance of civic participation in promoting social justice, equity, and democracy.
- Examine the historical and contemporary examples of successful civic and community engagement initiatives.
- Identify and assess community needs, assets, and challenges to develop effective strategies for community improvement.
- Explore the ethical implications and dilemmas associated with civic and community engagement.
- Develop tactical skills for effective community organizing, advocacy, and leadership.
- Foster inter-cultural competence and respect for diversity in community engagement efforts.
- Collaborate with community organizations, stakeholders, and fellow students to design and implement community-based projects.
- Reflect on personal growth and learning through self-assessment and critical analysis of community engagement experiences.

Course Contents:

1. Introduction to Civics & Community Engagement

- Overview of the course: Civics & Community Engagement
- Definition and importance of civics
- Key concepts in civics: citizenship, democracy, governance, and the rule of law
- Rights and responsibilities of citizens

2. Citizenship and Community Engagement

- Introduction to Active Citizenship: Overview of the Ideas, Concepts, Philosophy and Skills
- Approaches and Methodology for Active Citizenship

3. Identity, Culture, and Social Harmony

- Concept and Development of Identity, Group identities

- Components of Culture, Cultural pluralism, Multiculturalism, Cultural Ethnocentrism, Cultural relativism, Understanding cultural diversity, Globalization and Culture, Social Harmony
- Religious Diversity (Understanding and affirmation of similarities & differences)
- Understanding Socio-Political Polarization
- Minorities, Social Inclusion, Affirmative actions

4. Multi-cultural society and inter-cultural dialogue

- Inter-cultural dialogue (bridging the differences, promoting harmony)
- Promoting inter group contact/Dialogue
- Significance of diversity and its impact
- Importance and domains of Inter-cultural dialogue

5. Active Citizen: Locally Active, Globally Connected

- Importance of active citizenship at national and global level
- Understanding community
- Identification of resources (human, natural and others)
- Utilization of resources for development (community participation)
- Strategic planning for development (community linkages and mobilization)

6. Human rights, constitutionalism and citizens' responsibilities

- Introduction to Human Rights
- Human rights constitution of Pakistan
- Public duties and responsibilities
- Constitutionalism and democratic process

7. Social Institutions, Social Groups, Formal Organizations and Bureaucracy

- Types of Groups, Group identities, Organizations
- Bureaucracy, Weber's model of Bureaucracy
- Role of political parties, interest groups, and non-governmental organizations

8. Civic Engagement Strategies

- Grassroots organizing and community mobilization
- Advocacy and lobby in g for policy change
- Volunteerism and service-learning opportunities

9. Social issues/Problems of Pakistan

- Overview of major social issues of Pakistani society

10. Social Action Project

Recommended Texts:

1. Kennedy, J. K., & Brunold, A. (2016). Regional context and Citizenship education in Asia and Europe. New York: Routledge, Falmer.
2. Henslin, James M. (2018). Essentials of Sociology: A Down to Earth Approach (13th ed.). New York: Pearson Education
3. Macionis, J.J., & Gerber, M.L. (2020). Sociology. New York: Pearson Education

Suggested Readings:

1. Glencoe McGraw-Hill. (n.d.). Civics Today: Citizenship, Economics, and Youth.
2. Magleby, D. B., Light, P. C., & Nema check, C. L. (2020). Government by the People (16th ed.). Pearson.
3. Sirianni, C., & Friedland, L. (2005). The Civic Renewal Movement: Community-Building and Democracy in the United States. Kettering Foundation Press.
4. Bloemraad, I. (2006). Becoming a Citizen: Incorporating Immigrants and Refugees in the United States and Canada. University of California Press.
5. Kuyek, J. (2007). Community Organizing: Theory and Practice. Fernwood Publishing.
6. DeKieffer, D.E. (2010). The Citizen's Guide to Lobbying Congress. The Capitol.Net.
7. Rybacki, K. C., & Rybacki, D. J. (2021). Advocacy and Opposition: An Introduction to Argumentation (8th ed.). Routledge.
8. Kretzmann, J. P., & McKnight, J.L. (1993). Building Communities from the Inside Out: AP ath Towards Finding and Mobilizing Community's Assets. ACTA Publications.
9. Patterson, T.E. (2005). Engaging the Public: How Government and the Media Can Reinvigorate American Democracy. Oxford University Press.
10. Love, N. S., & Mattern, M. (2005). Doing Democracy: Activist Art and Cultural Politics. SUNY Press.

Course Code	SOWK-5110	Course Title	The Practice of Social Work-III	Credit Hours	3(3-0)
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Course Brief:

Social work practice consists of the professional application of social work values, principles, and techniques to one or more of the following ends: helping people obtain tangible services; counseling and psychotherapy with individuals, families, and groups; helping communities or groups or improve social well-being.

Course Learning Objectives:

This course is a continuation of The Practice of Social Work- I & II and will acquaint students with knowledge and skills needed for social work community practice along with models of community practice. This course will be a foundation stone in helping the students to gain required knowledge of Social Work Practice with organizations and communities. With an emphasis on evaluating social work practice, it will also describe the evaluation of social work practice. Framed within theoretical perspectives for understanding diversity, students are offered an overview of Social Work practice with diverse groups, spirituality and religion in Social work practice and common concerns of Social Workers

Course Contents:

1. Introduction: the practice of Social Work
2. Social Work community practice
3. Models of community practice
4. Generalist practice skills for macro practice
5. Knowledge for macro practice
6. Skills for macro practice
7. Generalist Social Work practice with organizations
8. Models of organizational behavior
9. Evaluating Social Work Practice
10. The single-system evaluation approach
11. Single system designs
12. Evaluating programs
13. Ethics of evaluation
14. Information technology in Social Work practice
15. Social Work practice with diverse groups
16. Spirituality and religion in Social work practice
17. Common concerns of Social Workers

Recommended Texts:

1. Zastrow, C.H. (2013). *The practice of social work: a comprehensive worktext*. Belmont: Cengage learning.
2. Netting, F. E., Kettner, P. M., McMurtry, S. L., & Thomas, M. L. (2017). *Social Work Macro Practice* (6th ed.). Boston: Pearson Education, Inc.

Suggested Readings:

1. Birkenmaier, J & Berg-Weger, (2017). *The practice of generalist social work*. New York: Taylor & Francis.
2. Miley, K. K., O'Melia, M. W. & DuBois, B. L. (2017). *Generalist social work practice: an empowering approach*. Boston: Pearson.

Course Code	SOWK-5111	Course Title	Human Rights for Social Work Practice	Credit Hours	3(3-0)
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Course Brief:

This course defines and explains human rights for Social Work Practice and distinguishes between various types of human rights i.e. economic, social and cultural rights.

Course Learning Objectives:

Certain objectives of this course are: to understand how human rights are monitored and enforced, to understand the national and international legal documents of human rights and the work of various international organizations in the field of human rights & acquaint students with national and international legal documentation on human rights. The course examines and raises a number of challenging questions for students: the implementation of human rights, the universality and cultural debate etc. The focus of the course would be on Universal Declaration of Human Rights, the enforcement mechanism both under the UN Chartered based bodies and the treaty based system. National Human Rights Law as contained in the Constitution and other statutes and its enforcement mechanisms. The course will also examine major human rights issues in Pakistan and the region.

Course Contents:

1. Introduction
2. Concept of Rights and Obligations
3. Dimensions of Human Rights
4. Historical Evolution of Human Rights
5. Philosophy, Theories and Perspectives of Human Rights : Natural Rights, Legal Rights, Social Contract ,Utilitarianism, Universalism, Cultural Relativism
6. Culture and Human Rights
7. Human Rights: Human Needs, Obligations & Ethics and Human Rights
8. Participation in the Human Rights Discourse
9. Constructing Human Rights for Social Work Practice
10. Achieving Human Rights through Social Work Practice
11. Respecting Human Rights in Social Work Practice
12. International & national human rights treaties
13. Human Rights in Pakistan: Constitutional Provisions, International legal obligations undertaken by Pakistan, Implementation Mechanism
14. Role of International Human Rights Organizations
15. Role of NGOs and media in Protecting Human Rights

16. Role of social workers in protecting human rights

Recommended Texts:

1. Alston, P., & Goodman, R. (2013). *International human rights*. Oxford: Oxford University Press
2. Ife, J. (2008). *Human rights and social work towards rights-based practice*. Cambridge: Cambridge University Press.

Suggested Readings:

1. Reichert, E. (Ed.). (2007). *Challenges in human rights: a social work perspective*. New York; Columbia University Press
2. Whelan, D.J. (2010). *Indivisible human rights: a history*. Philadelphia; University of Pennsylvania.

Course Code	SOWK-5112	Course Title	Social Problems	Credit Hours	3(3-0)
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Course Brief:

Social problems are found in the social structure and social functioning of a society which brings hindrances in the normal and smooth functioning of society. Social problems are studied through social pathology, social disorganization, value conflict, deviant behavior, labeling, the critical perspective, and social constructionism.

Course Learning Objectives:

Unlike most introductory texts, which are organized topically around issues such as drug abuse, racial violence, and juvenile delinquency, this anthology focuses on the major theoretical perspectives used to examine social problems. Each chapter will give an overview of the perspective, its history, and an outline of its major characteristics, and closes with a critique of the perspective and questions for discussion. It will also acquaint student with the basic knowledge of personal problems, social disorganization, natural disasters and major problems of Pakistani society like poverty, illiteracy, unemployment, child labor, beggary, crimes, drugs addiction, Juvenile Delinquency, over population, child abuse, corruption and problems of aging.

Course Contents:

1. Introduction
2. Defining factors of Social Problem
3. Objective and Subjective Realities of Social Problems
4. Assertions about Social Problems
5. Stages of Social Problems Development: emergence and claims making, legitimacy, renewed claims making, development of alternative strategies
6. The Perspectives of Social Problems
7. Social Pathology Perspective
8. Social Disorganization Perspective
9. Value Conflict Perspective
10. Deviant Behavior Perspective
11. Labelling Perspective
12. Critical Perspective
13. Constructionist Perspective
14. Classical and Contemporary Social Problems of Pakistan

Recommended Books:

1. Eitzen, D. S., Zinn, M. B. & Smith, K. E. (2018). *Social problems*. New York: Pearson Education, Inc.
2. Leon-Guerrero, A. (2016). *Social problem: community, policy and social actions*. London: Sage publications, Inc.

Suggested Readings:

1. Maccosins, J. J. (2012). *Social problems*. Boston: Pearson Education, Inc.
2. Kornblum, W & Julian, J. (2012). *Social problems*. New Jersey: Pearson Education, Inc.

Course Code	SOWK-5113	Course Title	Internship	Credit Hours	3(0-3)
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Course Brief:

Social Work is a practice-based discipline that provides an opportunity for its students to have a practice-based experience by utilizing the knowledge of Social Work theory. There are various practice contexts that address diversified populations, study their unmet needs & social problems and require a special knowledge and skill base for effective work. Each field of practice involves a labyrinth of typical human problems and the services attempting to address them. Different fields of Social Work practice in Pakistan include child welfare, women welfare, welfare of senior citizens, disabilities, health, mental health, substance abuse, NGO management, and community organization. They will complete minimum 60 credit hours in the field.

Course Learning Objectives:

Students of Social Work are placed in Social Welfare agencies where, under supervision, they demonstrate the generalist skills of engagement, assessment, intervention, and evaluation of practice. They apply ethical principles in interactions with clients demonstrate, critical thinking, engage and embrace diversity, demonstrate and apply the Social Work theoretical knowledge.